



Adventure Dogs USA

First Aid Kit for Short Hike/Backpacking



These items could be placed in a small backpack that your dog wears or for hikes the human can carry the supplies with them (all items should be stored in waterproof bag(s)).

- Water, in a collapsible water bag
 - Water purifying tablets
- 1 Day Food Supply (for you and your dog)
- Collapsible water bowl
- Spare Collar
- Spare Leash
- Poop bags
- Flashlight
- Matches
- Compass
- Pocket Knife
- Emergency blanket
- Signaling device (must have at least 2 of the 3)
 - Mirror
 - Whistle
 - Cell phone
- First Aid Kit**
 - Fabric Band-Aids
 - Trauma Pad (5x9)
 - Gauze pads 3" or 4"
 - Gauze pads 2"
 - Gauze (roller 2" or 3")
 - Gloves (latex/Nitrile)
 - Antibiotic Ointment
 - Alcohol Pads
 - Antiseptic Towelettes
 - Leg Splints/Tongue Depressors
 - Cotton Tips Applicators
 - Splinter Removers (Lancets)
 - Sting Relief Pads
 - Vet Wrap
 - Benadryl (Liquid Capsules)
 - Hydrogen Peroxide
 - Syringe
 - Scissors
- Owners identification (name, address, contact info, picture of owner and dog)
- Optional, but recommended items
 - Tweezers
 - Betadine Swabs
 - Sam Splints
 - Burn Aid Packets
 - Additional Emergency shelter
 - Muzzle

